

# Anew You Mind Body Solutions Blueprint

## *Igniting the Brilliance in You*

Body Balance	Emotive Equilibrium	Mindset Magnified	Soul Synergy	Your Brilliance % Level
Fit	Limitless	Fulfilled	Lead	100%
Flowing	Liberated	Focused	Leap	80%
Free	Loving	Fortitude	Lift	65%

Body Imbalance	Emotive Disharmony	Mindset Limitation	Soul Disconnect	Your Brilliance % Level
Frumpy	Lack	Flat	Longing	20%
Frazzled	Less than	Foggy	Lonely	35%
Fatigued	Loathing	Fed up	Lost	50%



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